



BIGSTONE CREE NATION

2026 TRUST PROPOSAL APPLICATION

PART A – Information About You

Date: January 11, 2026

The following information is essential for approval and for **BCN Trust Administration** to contact you.

Project Director: Chester Auger

Treaty No: [REDACTED]

Address: Box 870

City/Town: Wabasca

Province: AB

Postal Code: T0G 2K0

Telephone Number: 780 891-3825

Cellular Phone: 780-843-5431

Fax Number: 780 891-2178

Email address: chester.auger@bigstoneeducation.ca

Which Trust classification are you applying to access funding?

(Check off only one Trust Fund category, with amount requested for that category)

Please note that all application submissions need to be in by

January 15, 2025 at 11:59 pm, no exceptions.

(It is recommended to submit all proposals 5 business days prior to deadline)

Bigstone Cree Nation Department ☒ **X**

Members at Large/Committee ☐

BCN Trust ☒ **X** **Off-Reserve Members** ☒ **X** **Calling Lake** ☐ **Chipewyan Lake** ☐ **Wabasca/Desmarais** ☒ **X**

Team Member	Position on Team	Roles and Responsibilities	Signing Authority
Chester Auger	CEO	Signing Authority	☒
Doreen Calliou	COO	Signing Authority	☒
Lena Auger	CFO	Signing Authority	☒
			☐

Part B – Information About Your Project

IMPORTANT

Executive Summary

Title of your proposal: Workshops and Seminars

Project Start Date: September 2026

Expected end date: March 2027



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Bigstone

Education Authority would like to host several workshops or seminars that are geared toward helping the student deal with the daily struggles and barriers they face as post-Secondary students. Some issues that our workshops will assist our students with are as follows:

1. Dealing with Stress: Stress can make us feel rushed and unproductive.
2. Changing Environmental factors which can influence our daily lives.
3. Communication ~ developing communications skills and working as a team
4. Learn about the concept of managing work and personal life.

We need to support our students with the skills they need manage stress and time. These workshops provide these skills in a dynamic and supportive format, designed to build a strong team environment and support between participants. This workshop will also teach students how to develop perspective and self-talk to support resiliency, mental wellbeing and become successful in whatever task they take on in their lives.

Description

Students will know that their health and wellness is our priority, and it as well as their priority. These workshops are designed to provide students an understanding of the importance of health and wellness in their lives. The information is aimed to equip students with the tools needed to begin a personal journey of wellness and to continue on exploring their health through our series of workshops.

Goals of your proposal

You should provide data that describes relevant statistics and qualitative observations that outline the requisites of your project. Make it easy for the reader to understand why your project is important, how it is uniquely suited to address a specific challenge/barrier and how it will meet the needs of Membership and the Community.

The goal is to provide additional support to our post-secondary students while they pursue their education. The main goal of the health and wellness workshop are to encourage students to learn about mental health issues and that there are resources out there to help them. Healthier students are more likely to reach higher levels of energy, increased concentration, and the ability to successfully complete their programs.

Why: To provide support to post-secondary students who need the additional support and to promote health and wellness as a priority in their lives. These workshops will create well-being and help with their self-esteem.

What: To create a sense of belonging and wellness among the students and to let them know that they are not alone.

When: November and February during reading week.

Where: Edmonton AB – Central Location

Who: Post-Secondary sponsored students.



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October- December

We have hosted 2 workshops in the past and both have proven to be useful and successful. We will find a beneficial workshop for students to host November 2026. The workshop will be open to 30 post-secondary students and we have full registration and attendance. Workshop will take place for approx. 4 days and will be related to mental health issues that post-secondary students face. These 4 days will be broken down into 2-day sessions with 2 groups of 15. Many of the students are dealing with their own mental wellbeing which included dealing with the added stress of being a fulltime student, studying for finals and the financial and emotions struggles they face on a daily basis. The facilitator covers:

January 2026- April 2026

Workshop #2 will take place February 2027 and will be geared towards Health and Wellness. The workshop is open to 30 post-secondary students and we have full registration and attendance. Workshop will take place for approx. 4 days and will be related to mental health issues that post-secondary students face. These 4 days will be broken down into 2-day sessions with 2 groups of 15. Many of the students are dealing with their own mental wellbeing which included dealing with the added stress of being a fulltime student, studying for finals and the financial and emotions struggles they face on a daily basis. The facilitator covers:

Result:

Evaluation Plan:

The primary objective of these workshops is to promote health and wellness and give the students resources to help them achieve their goals.

1. Give the students better quality of life
2. Personal health is important
3. Promote healthy life styles
4. There are resources available to help students with their health and well-being.

Project End Evaluation by the Administrator:

Indicate below which category your proposal request fall under:

- | | |
|--|-------------------------------------|
| • Community Development ** | ☒ |
| • Health Care | ☒ |
| • Education and Training | ☒ |
| • Elder Care | ☐ |
| • Infrastructure improvement | ☐ |
| • Preserving culture and language | ☐ |
| • Community activities | ☒ |
| • Economic development | ☐ |
| • Cultural enrichment | ☐ |
| • Protection of aboriginal identity and Treaty Right | ☐ |

**If you have chosen *Community Development*, which additional categories does your proposal request fall under?



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- Improve health and well-being (emotional, physical, mental, spiritual) ☒
- Benefits from improving awareness of culture, traditions, identity ☒
- Networking-building relationships with the community and outside the community ☒
- Creating temporary jobs ☐
- Occupational training and development of infrastructure ☐
- Opportunity for creating greater economic independence ☐

What research and/or studies have you/your team completed to determine the requirements of membership or the community, that this proposal will provide?

We have hosted several health and wellness workshops in the last 2 years and the workshops have proven to be successful. Covid 19 has affected everyone and we have noticed an increase in mental health issues with our post-secondary students. Being a post-secondary student is already stressful and with a lot of the classes going to online or homebase has a toll on our students.

Projected Budget

How much money are you/your team requesting with this proposal? \$31,500.00

Have you included a Cash Flow budget? Yes ☒ No ☐

If you checked off "no" please explain why you didn't submit a Cash Flow budget?

Post-Secondary Workshops:

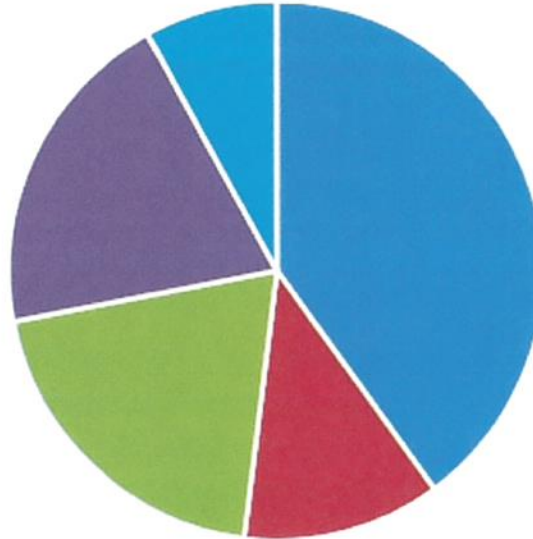
Category:	Estimated:	Actual:	Over/Under:
Facilitators	\$12,000.00	0.00	\$12,000.00
Venue Rental	\$8500.00	0.00	\$8,500.00
Travel	\$10,000.00	0.00	\$10,000.00
Administration	\$1000.00	0.00	\$1,000.00
Total Expenses:	\$31,500.00	0.00	\$31,500.00



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Post-Secondary Workshops



■ Workshop Facilitators ■ Venue Rental ■ Travel ■ Other ■ Administration

*Add additional sheet as needed

Have you/your team approached any other funding agencies prior to approaching BCN Trusts?

Yes ☐ No ☒

Is the funding request from BCN Trusts to be used with any other funding source(s) or partner(s)?

Yes ☐ No ☒

If you checked off "yes", identify the funding source or partner:

What is the % breakdown of funding from other source(s) or partner(s)?

_____	%	_____
_____	%	_____
_____	%	_____

Quarterly Report

No report – New proposal

Definition

Quarterly means every three (3) months.



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Summary/Evaluation Report:

It is equally important to submit the final Summary/Evaluation report at the end of the project.

IMPORTANT to KNOW

BCN Trusts will no longer tolerate negligence, procrastination and non-compliance.

1. The consequence for irresponsible acts of postponement, may be a "rejected proposal" by the Trustees and Chief & Council because of non-performance.
2. It is equally important to RETURN assets (property/equipment etc.) back to Bigstone Cree Nation when such items are purchased with BCN Trust funding, at the end, of the project.
3. Trust Administrator will conduct an Project End Evaluation Report.

When the Project Director undertakes to coordinate a project, it is his/her responsibility to comply with the requirements of the program and to ensure that his/her Team conforms.

BCN Trusts is responsible to Membership, the Trustees and to Chief & Council.

Kim Dillon for Chester Augen
and Doreen Callow
Print Name

Signature [Handwritten Signature] Jan 15, 26

Incomplete applications will not be accepted.